



2021

Vision Board

Planner





Welcome to your Vision Board Kit!

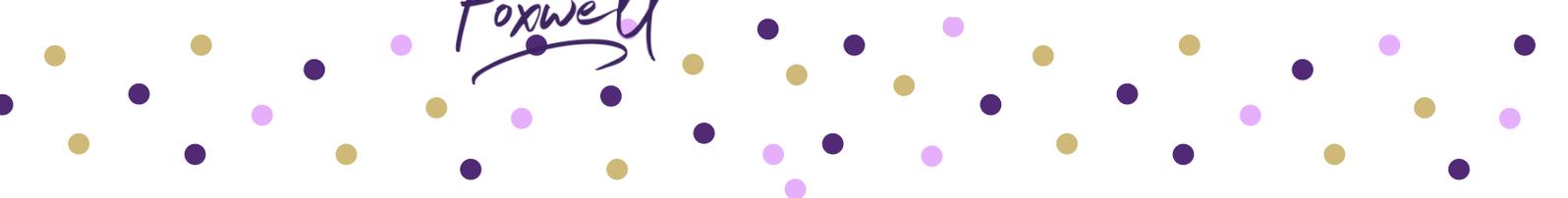
Hello there, well done on downloading your Vision Board Kit! Get ready to visualise your dreams and be a Creator!

Dreaming and visualising in our lives is so important. I created my first vision board in 2005. I had watched the Secret and led a consulting sales team in South Africa. I didn't fully understand how it would work, but I was determined to see my visualisation of the things that were important to me become real. Since then, I have seen my visualisation on the vision board come to life. Not always in the ways, I thought it might yet it defiantly allowed me to start being a creator of my world, bold dreamer who worked in dedication to bring my vision to life. Today I am sitting in my beautiful office, and I remembered 10 years ago, I had a business name and office on my vision board. It had white furniture, and I wanted it to be purposeful. Well, 10 years on and I have that and so much more. Was it instant? Nope! My vision board helped set the direction for my actions and the pictures and words were captured by my mind and directed my brain to create this future and now the current world. My beautiful husband now reminds me every year to build our family vision board so I now create one for us at home and one for our business. I wanted to create a simple kit for you to help you get started. I go overboard because I am so creative and it's just me. You can create a simple vision board or you can create something that speaks brings all your creativity to life. There is no limit and no judgement.

Here is my business vision board for 2020. SO much of what I have put on this board has come to life this year. There is so much that I still need to do, so my 2021 vision board will have a few revised goals and visions. I am so grateful I have created this practice of visioning and creating once a year. and I know I will keep this going. I hope you enjoy this simple tool-kit and guide to help you capture your dreams!



Christina Foxwell



Checklist to start your Vision Board

Before you start please review this check-list on the materials you need to have in order to build an effective vision board.

Display board

I use Cork Board that can be purchase from stationary shops.

Vision Board tool Kit

Print pages from this tool kit to create your vision board.

Pictures & Photos

Cut pictures of the dreams you have and gaols you want
Print photographs of the people and places that matter.

Glue and Cork Pins

Glue stick, double sided tape and pins for your cork board

Markers and Pens

Colour markers, pens and glitter pens (if you are me) will help you make notes on your vision board.

Stickers

There are so many stickers you can use to bring your vision board to life.

Goals and Reflections

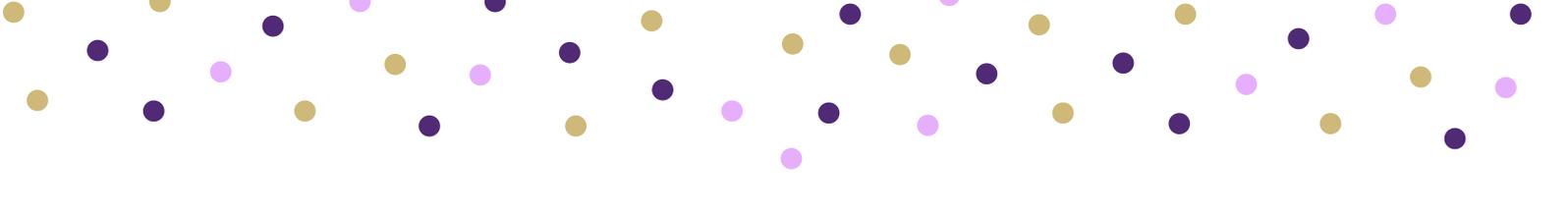
Complete your Goals and Reflection "vision for this year" and then use the various sections in the kit to highlight these on your vision board.

Inspiring Quotations

Inspiring quotes help you focus and remain motivated. I have included a few on this kit yet you can add the ones that mean the most to you.

Have Fun

Loving what we do is so important. So having fun while you create this vision board is so important. Don't worry about it being beautiful or perfect. This is your vision board, and it's for you and about you being a creator!

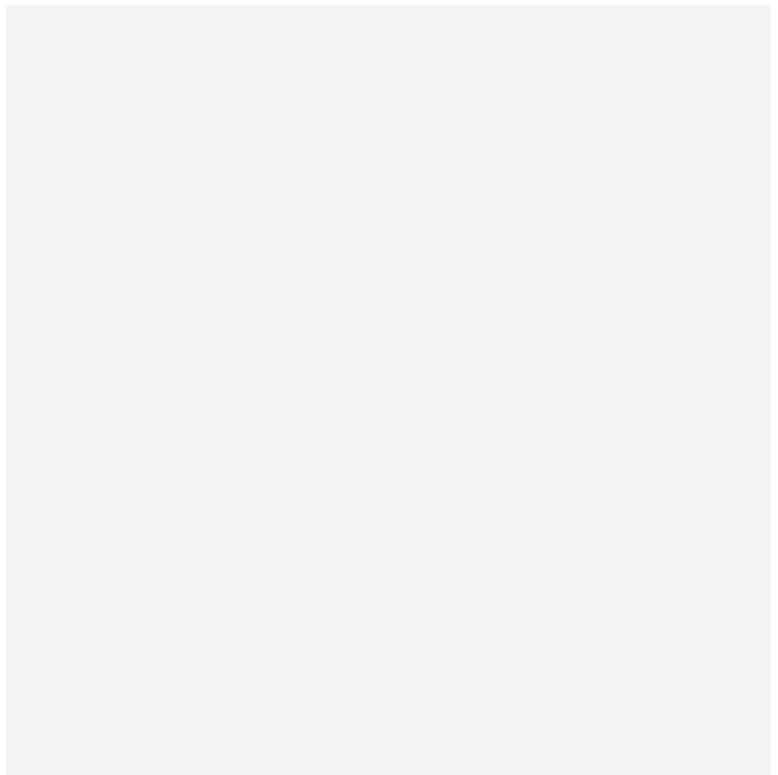


My Vision for this year

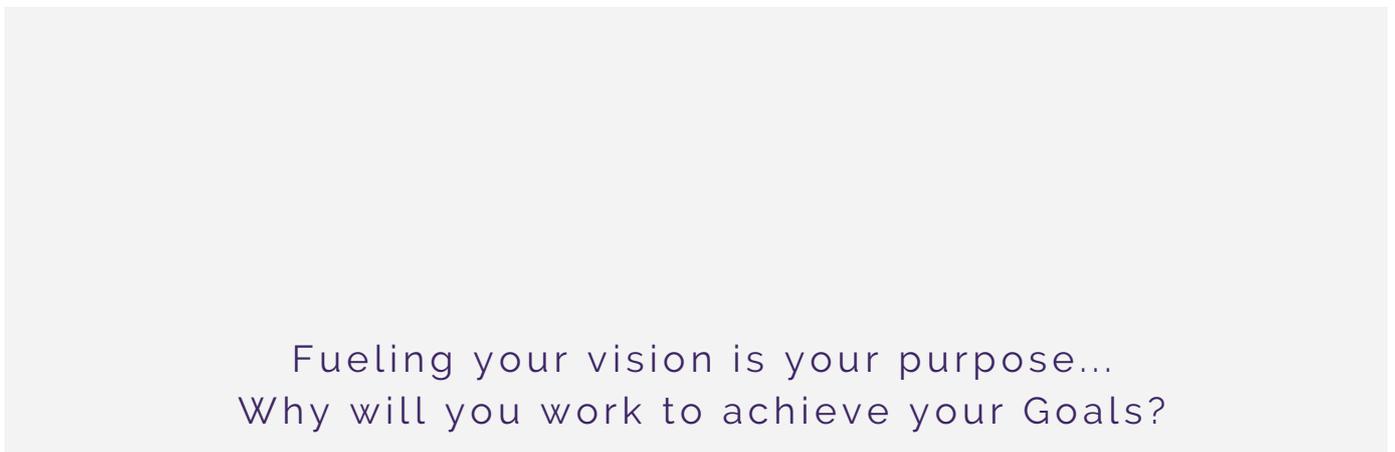
My Top 5 Goals



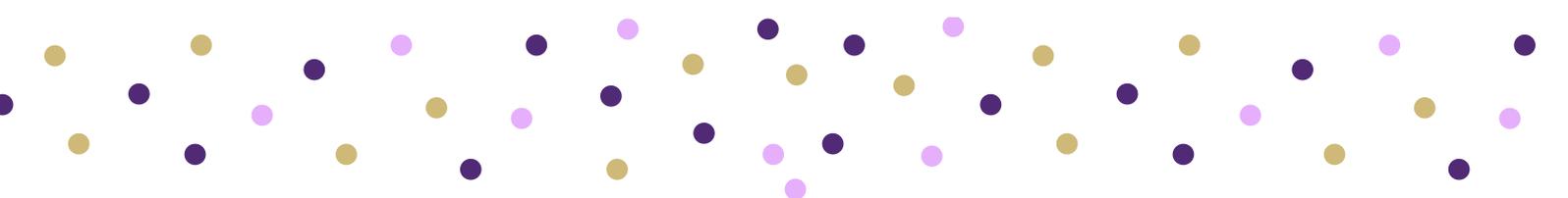
Taking care of me this year
looks like...

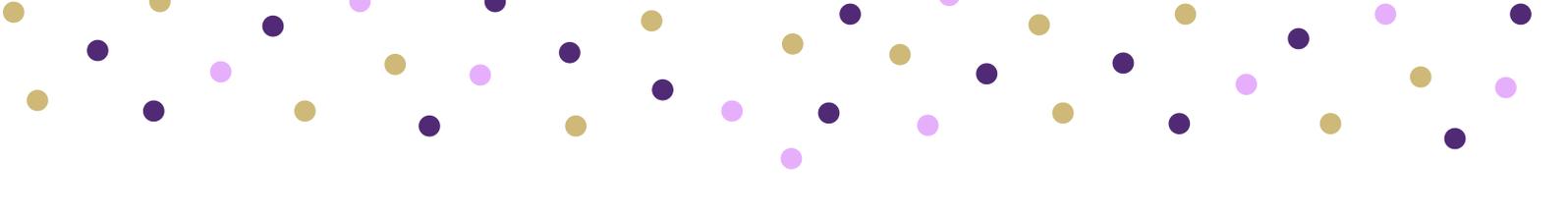


My WHY



Fueling your vision is your purpose...
Why will you work to achieve your Goals?

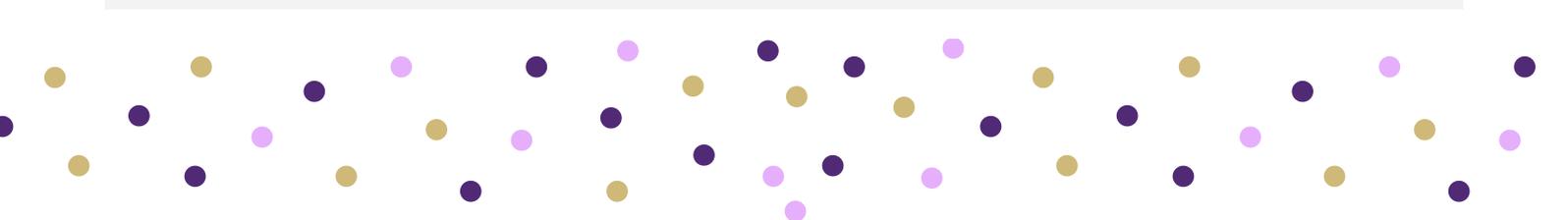


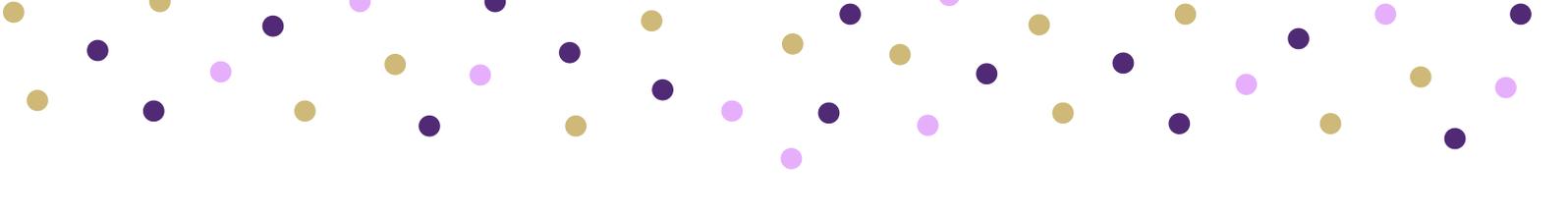


TOP 5 things that
really matter in my life

The things I love are
important, I need to do
more of...

The fears I have that stop me from showing up
my best in my life?

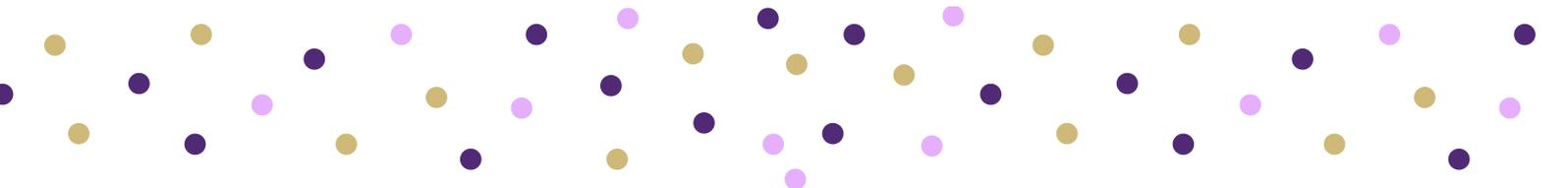


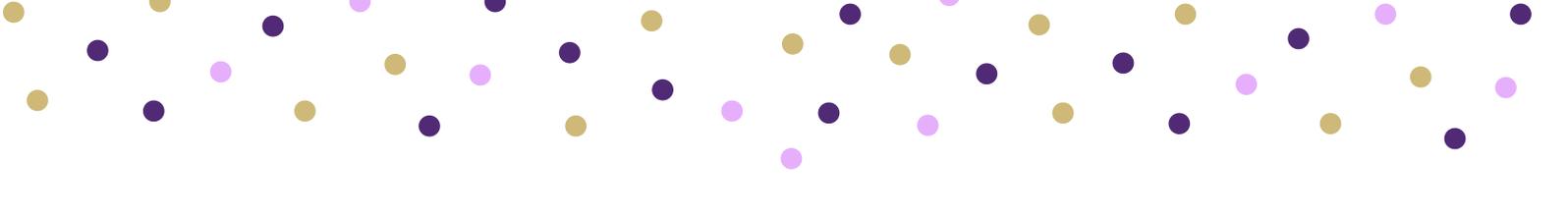


The places I would love to see are?

The dreams I have in my life matter, What do I dream of?

The people who matter most in my life are... (I am going to nurture these relationships)





Key things I am
working on this year
(in my control)...

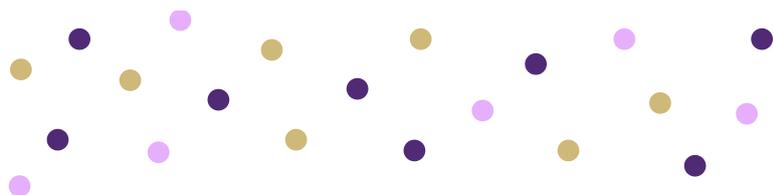
Five horizontal grey rectangular boxes stacked vertically, intended for writing key things to work on in 2021.

Practices I will undertake
in 2021 to help me be
my best self?

A large vertical grey rectangular box intended for writing practices to undertake in 2021.

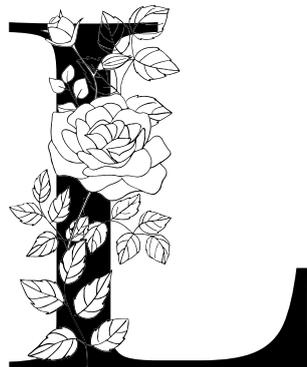
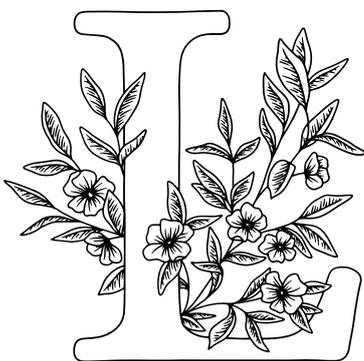
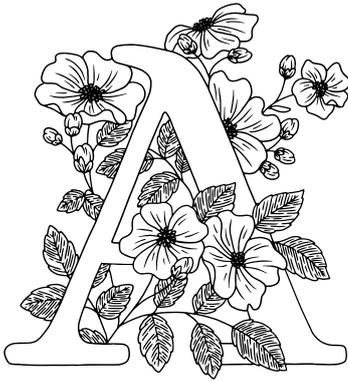
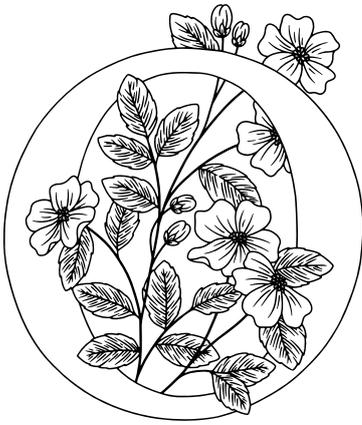
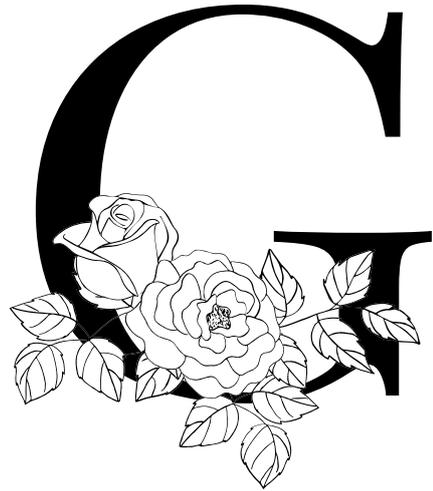
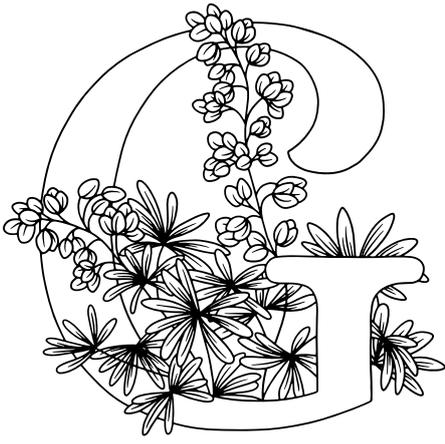
Write your permission slip (I give myself
permission to dream big, live my best life,
welcome the unwelcome and live every day as
my best day!)

A large horizontal grey rectangular box intended for writing a permission slip.





cut outs





cut outs

2021



2021

2021



cut outs





cut outs





cut outs

inspire

POSITIVE
VIBES

DO WHAT
YOU LOVE

HAPPY

Grateful

wonderful

Fearless

Chill

NOW
or
NEVER

BE
KIND

NEVER
give
UP



cut outs





cut outs





cut outs

YOU'VE
TOTALLY GOT
THIS!

Life is
too short
to wait.

DREAM BIG,
WORK HARD,
— MAKE IT —
happen.

Dream
BIG

Let your
light
Shine

Believe
IN
yourself

New Home



LOVE
YOURSELF



cut outs

YES
you can!



DO WHAT
YOU LOVE



THINK IT,
WANT IT,
GET IT

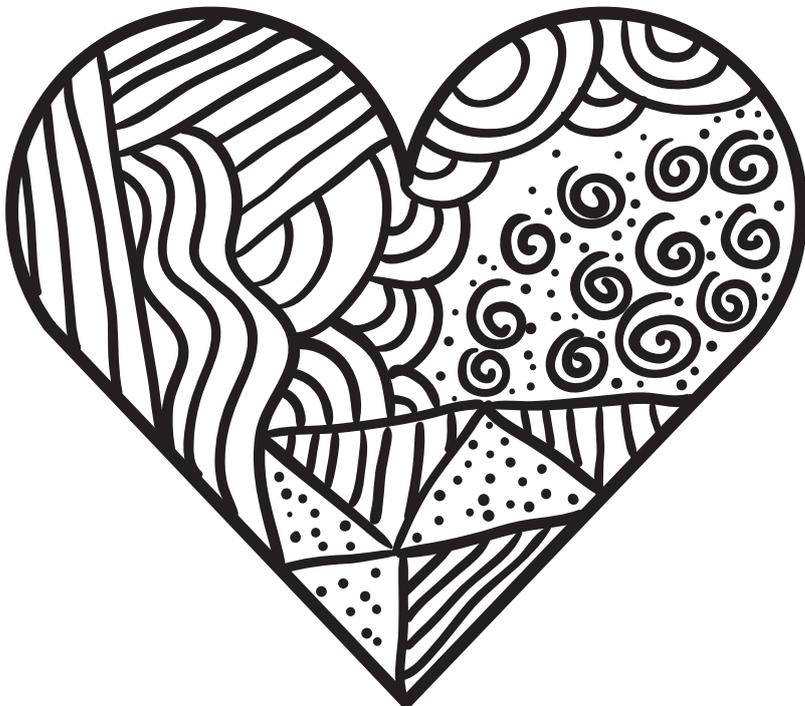
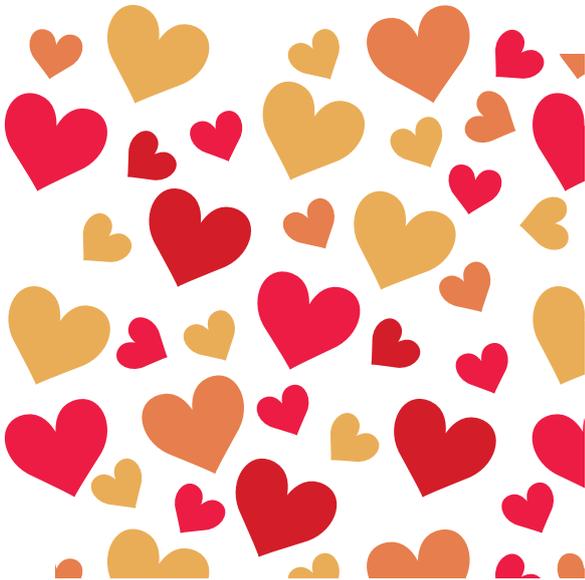


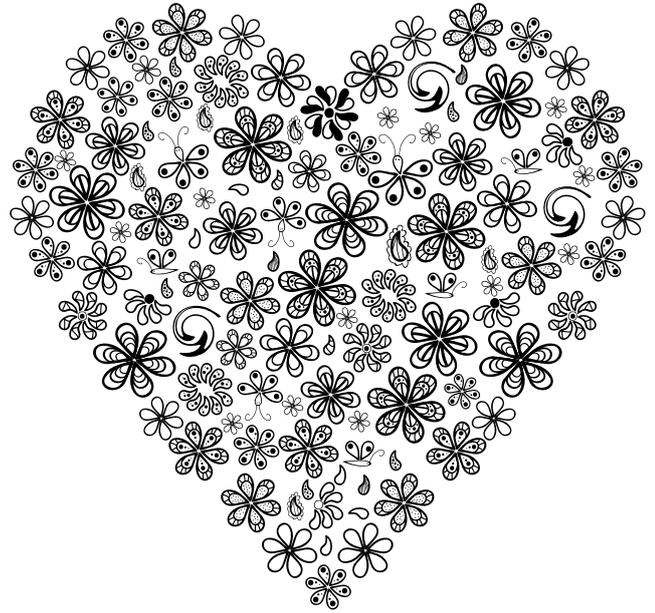
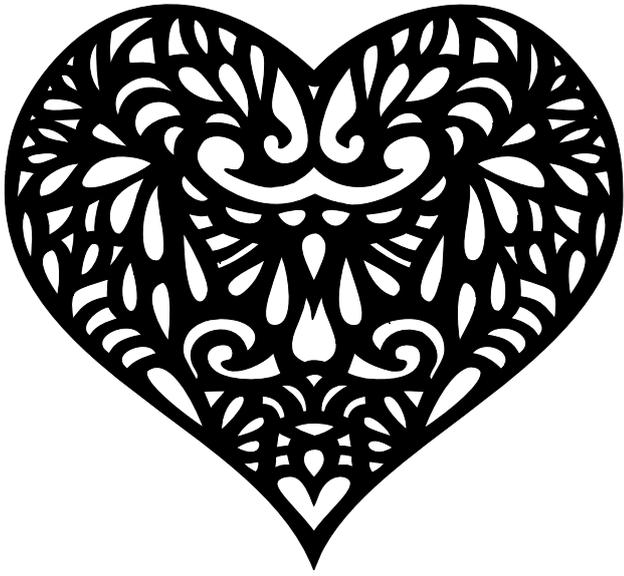
SEIZE
=•THE•=
DAY





cut outs

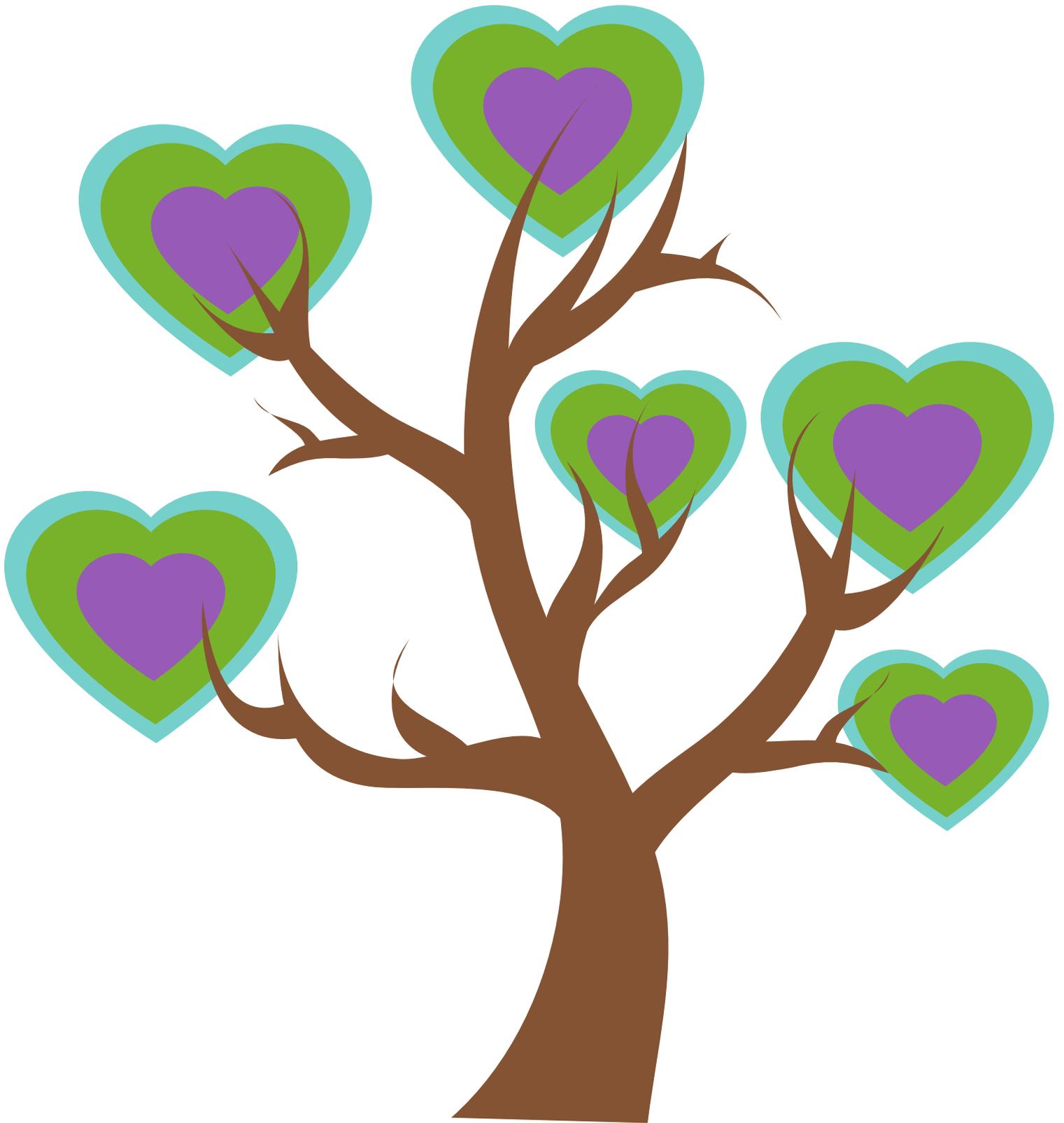




cut outs



family tree



Simply add your family photo's to this tree
to remind yourself what is important



cut outs

ADVENTURE



holidays

TRAVEL

wanderlust

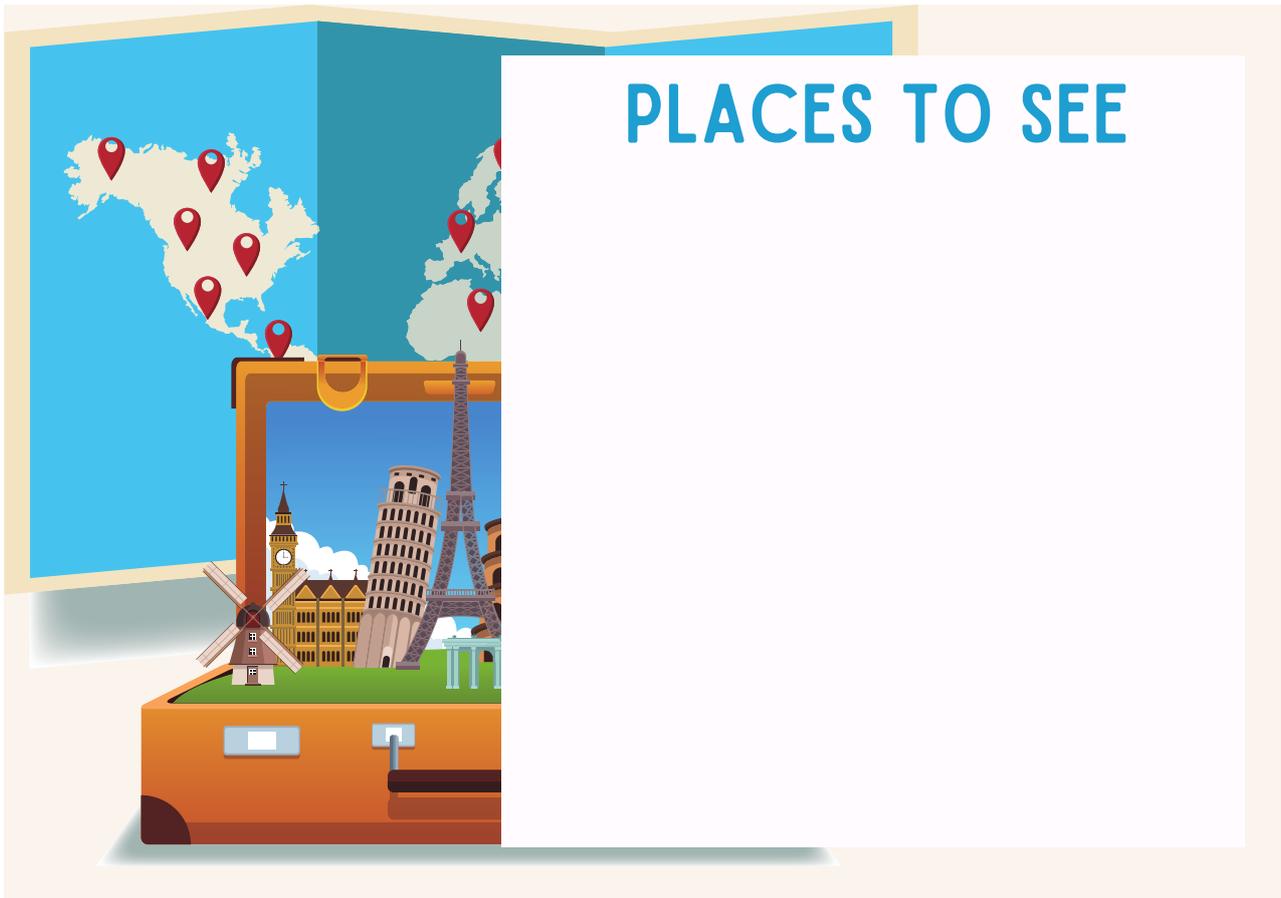




cut outs

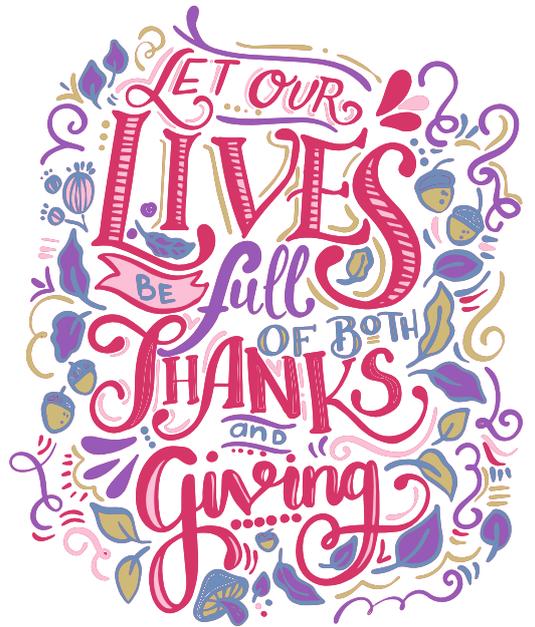


Why not list a few great reads you would like to "get to" this coming year!



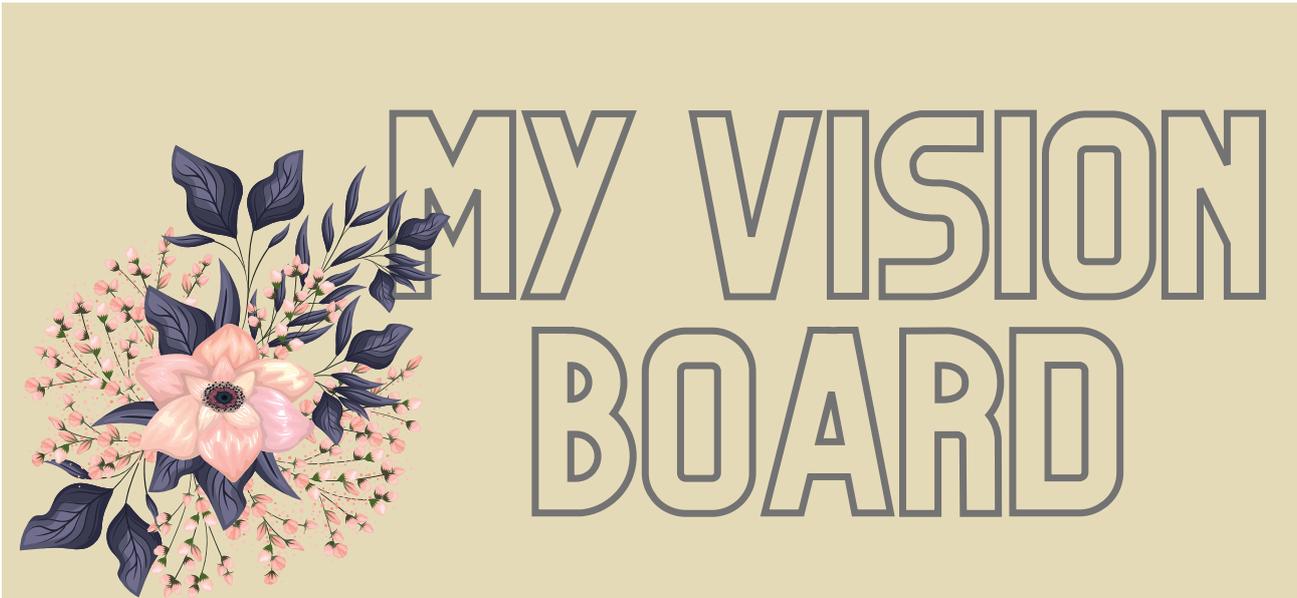
cut outs






cut outs





cut outs





cut outs



GOALS

1.

2.

3.

4.

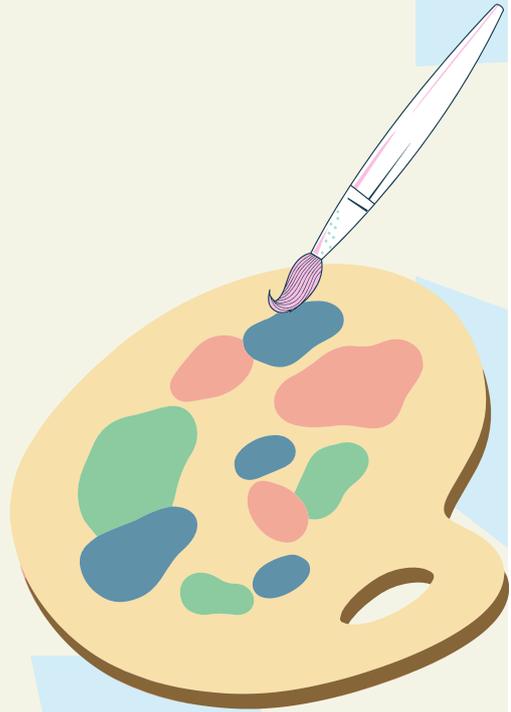
5.



cut outs



CREATIVE PROJECTS



cut outs

*live
your
dream.*



THE "ME" I WANT TO BE...

you are
enough



cut outs

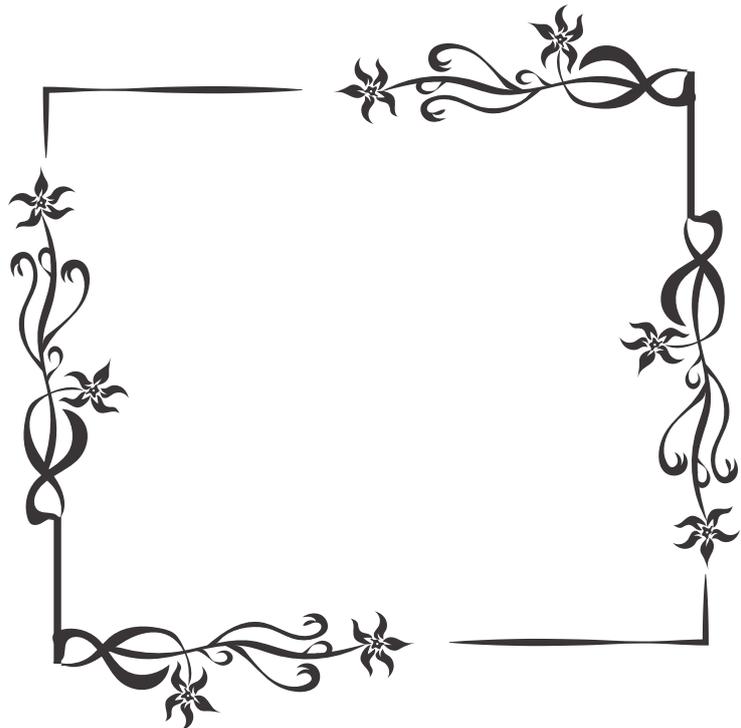
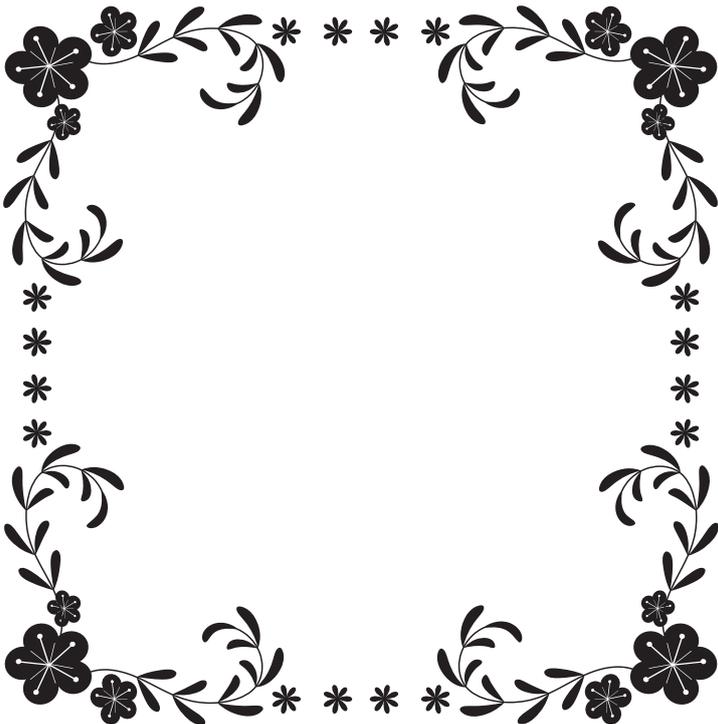
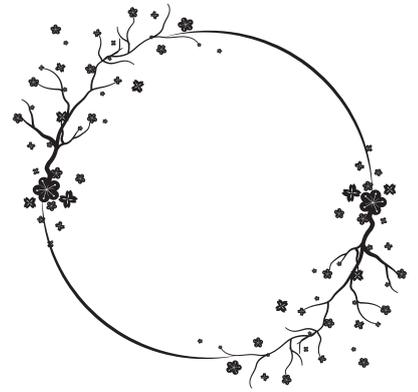
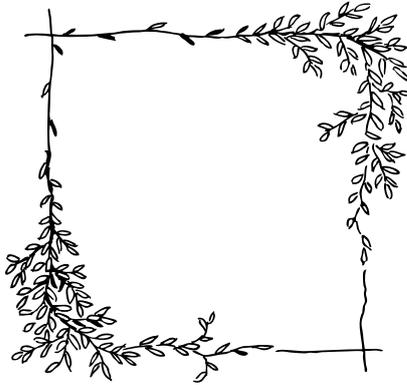
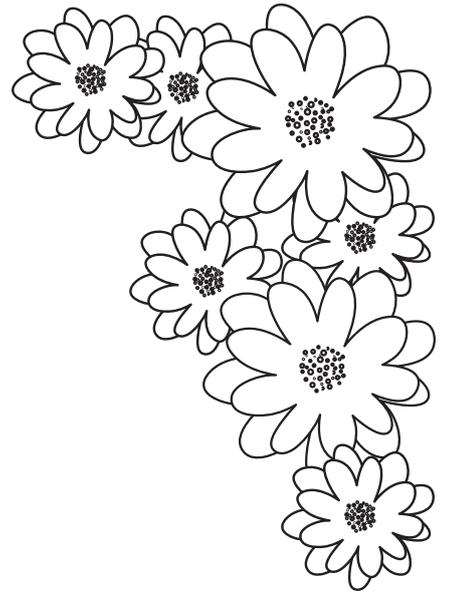
live
your
dream.

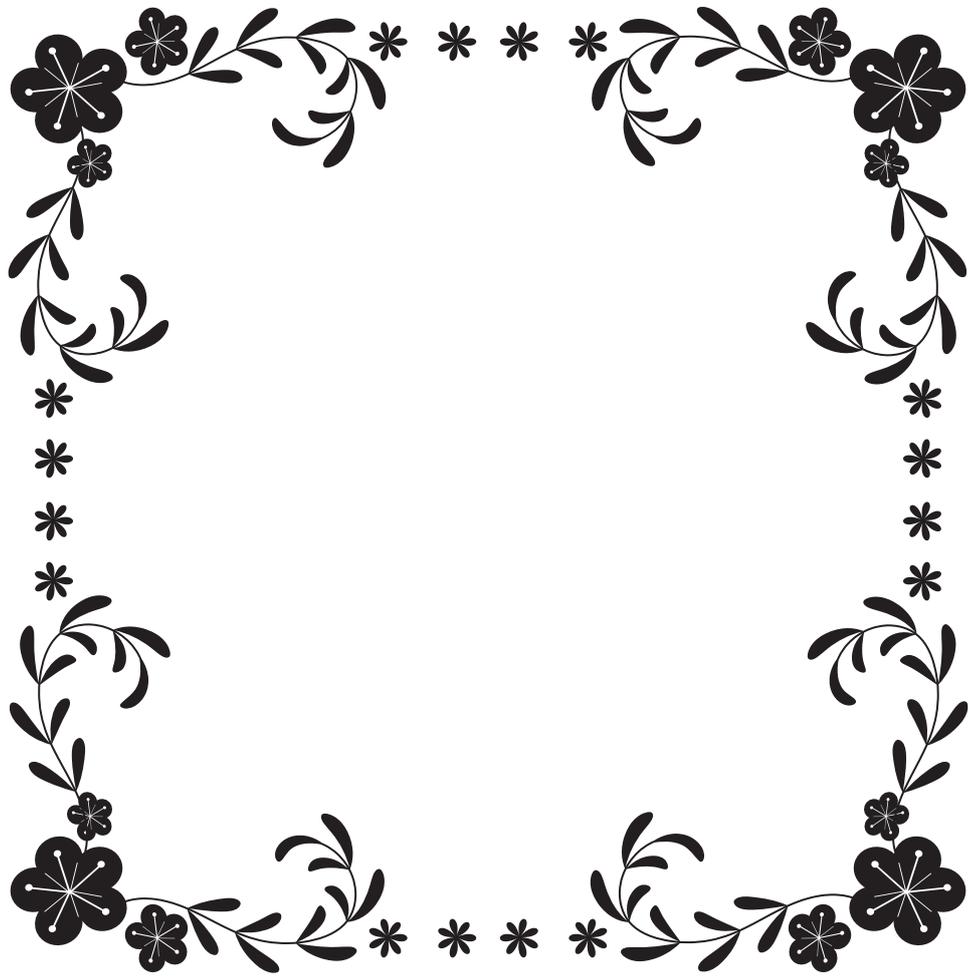
do what
makes
YOU HAPPY

PICTURE FRAMES

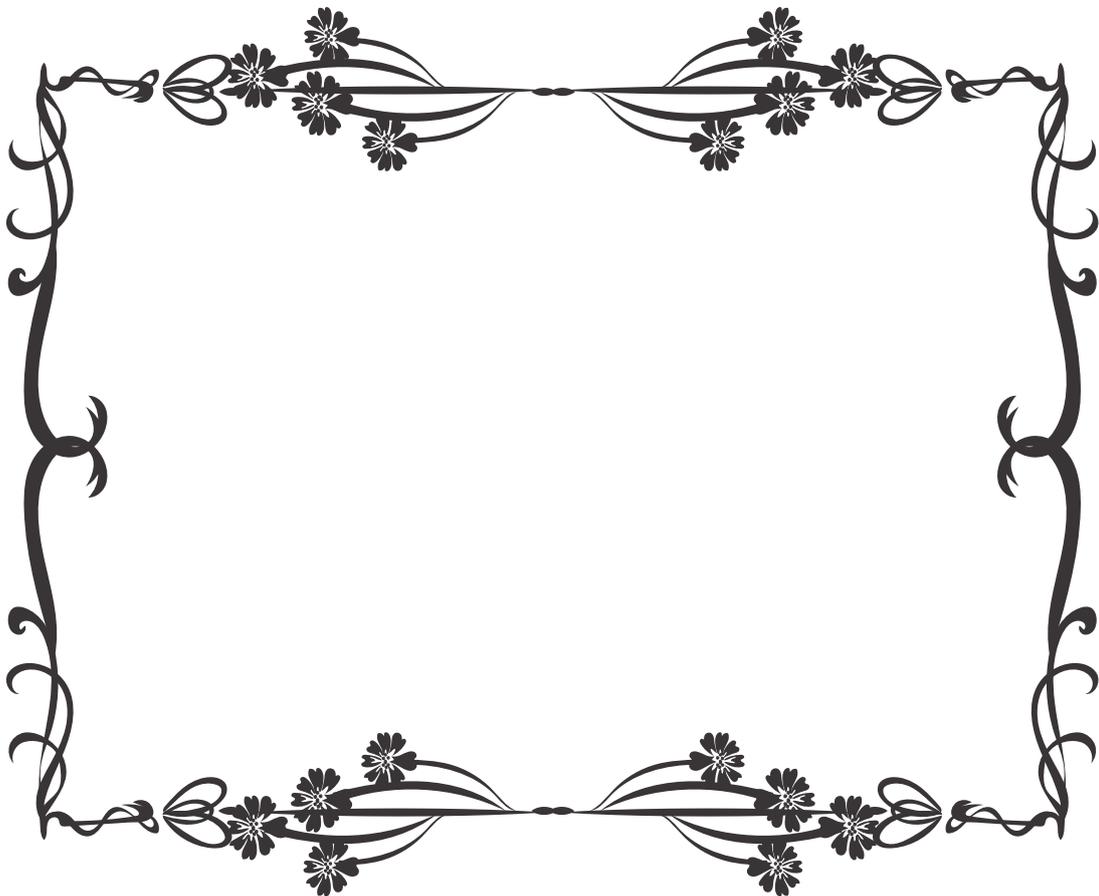


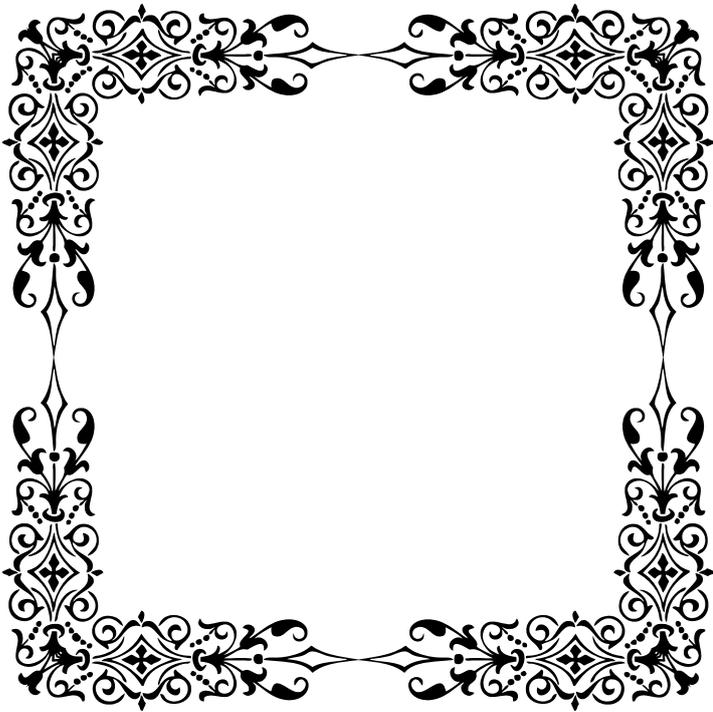
cut outs





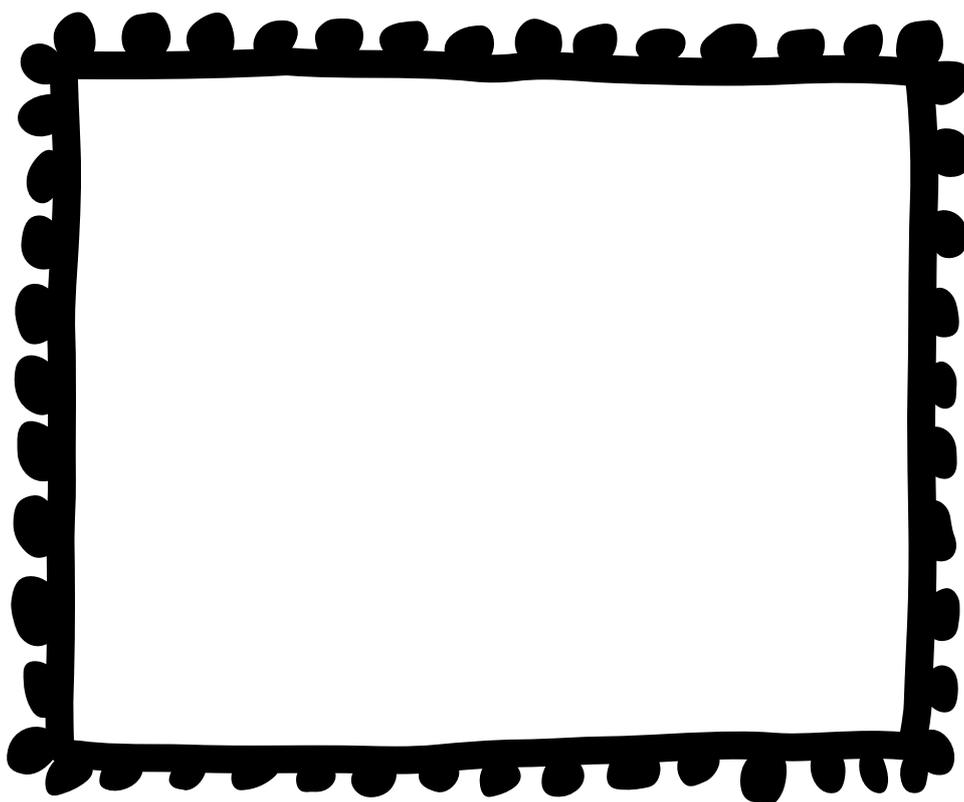
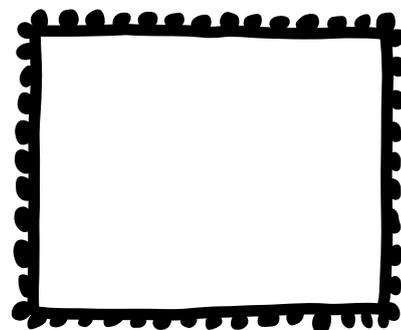
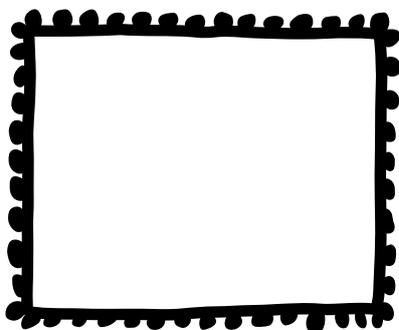
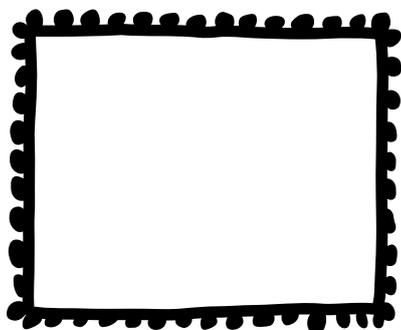
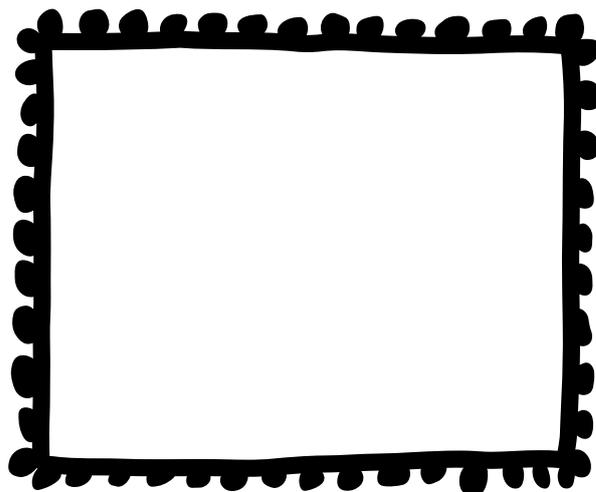
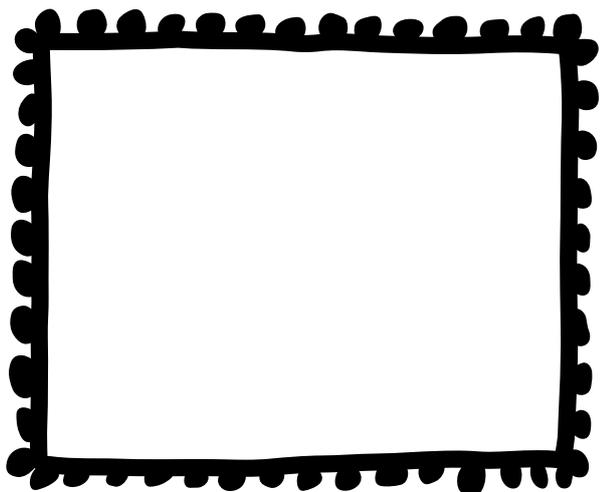
cut outs



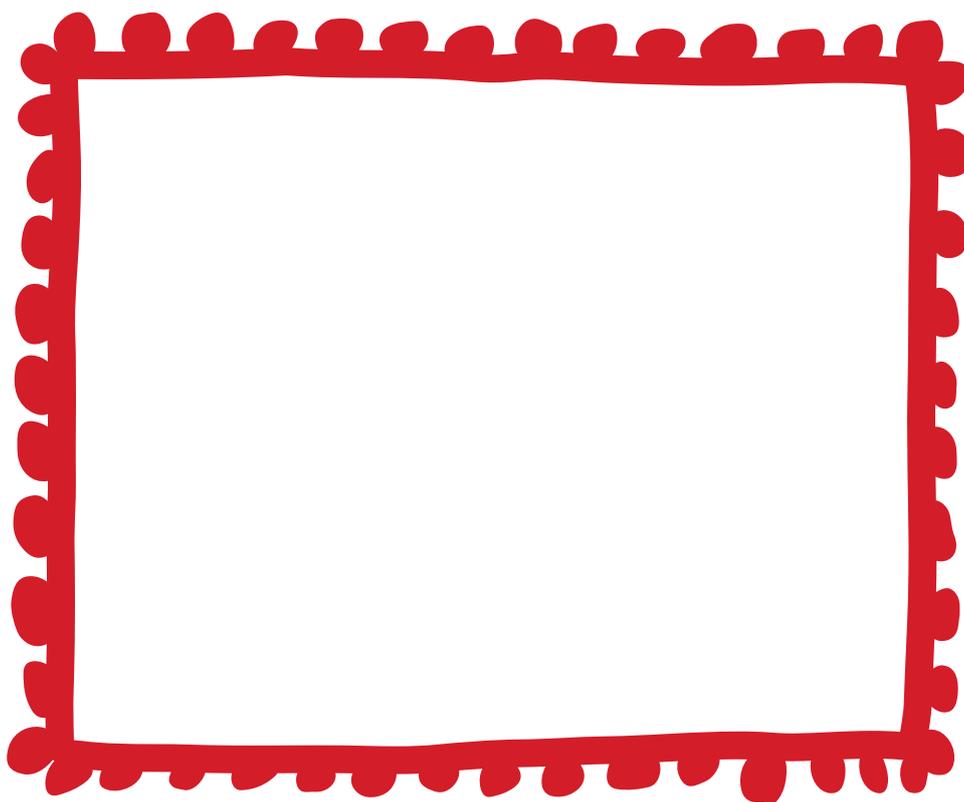
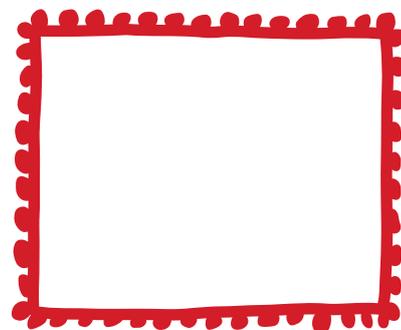
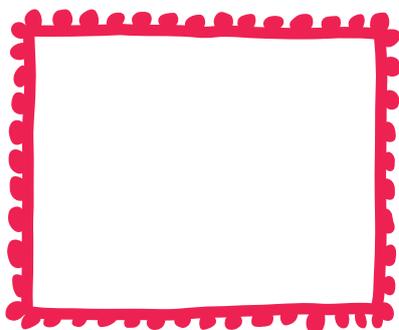
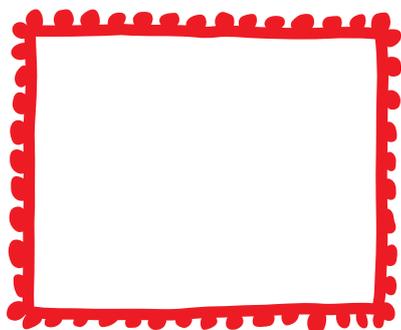
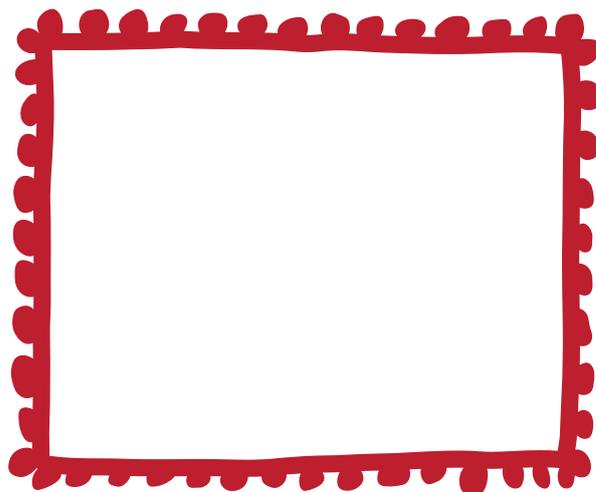
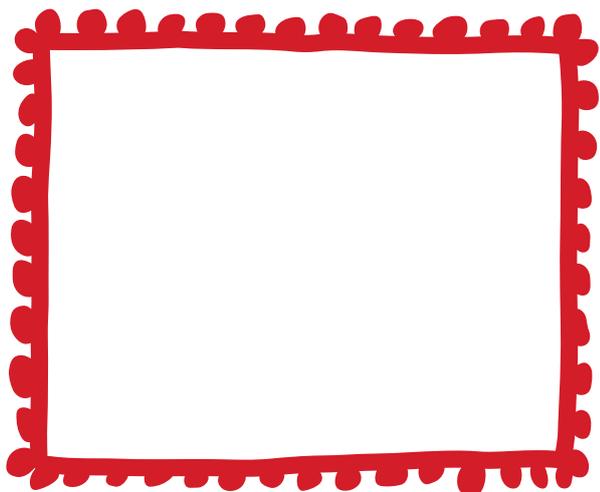


cut outs

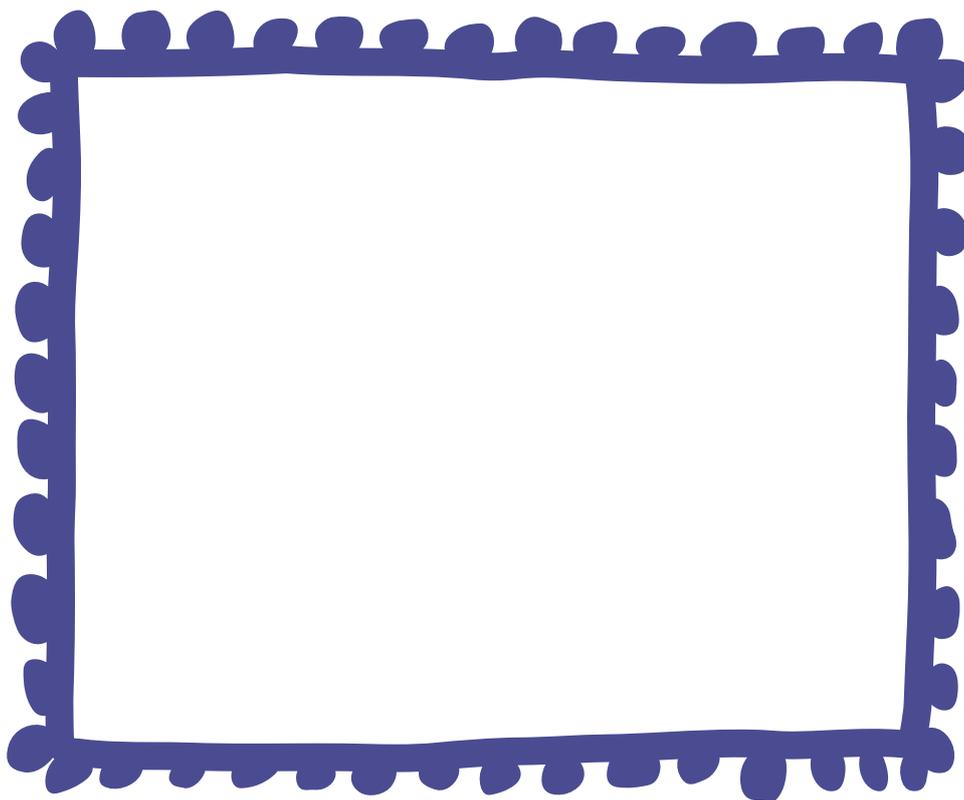
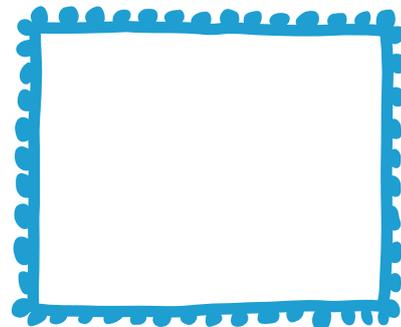
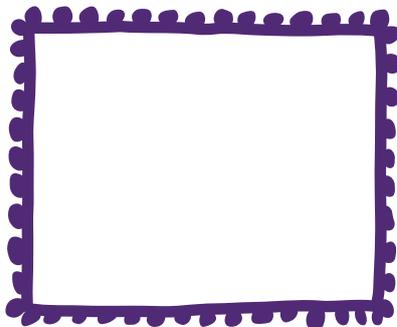
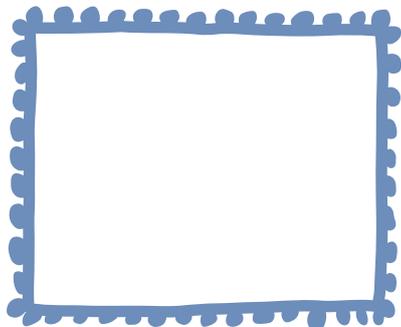
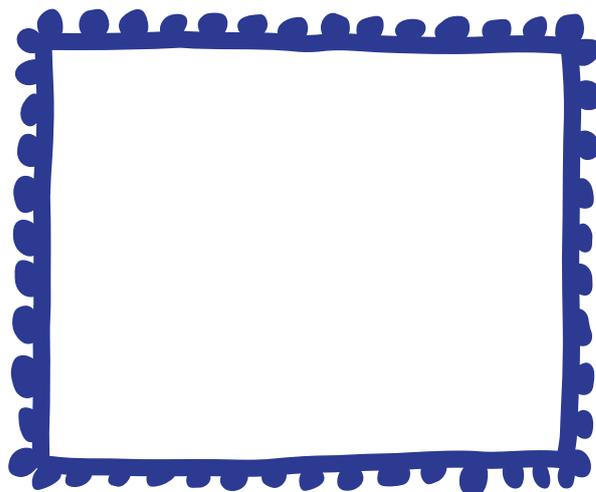
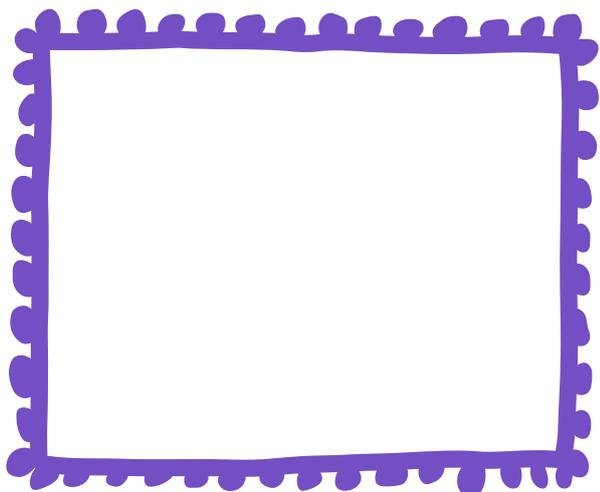
PICTURE FRAMES



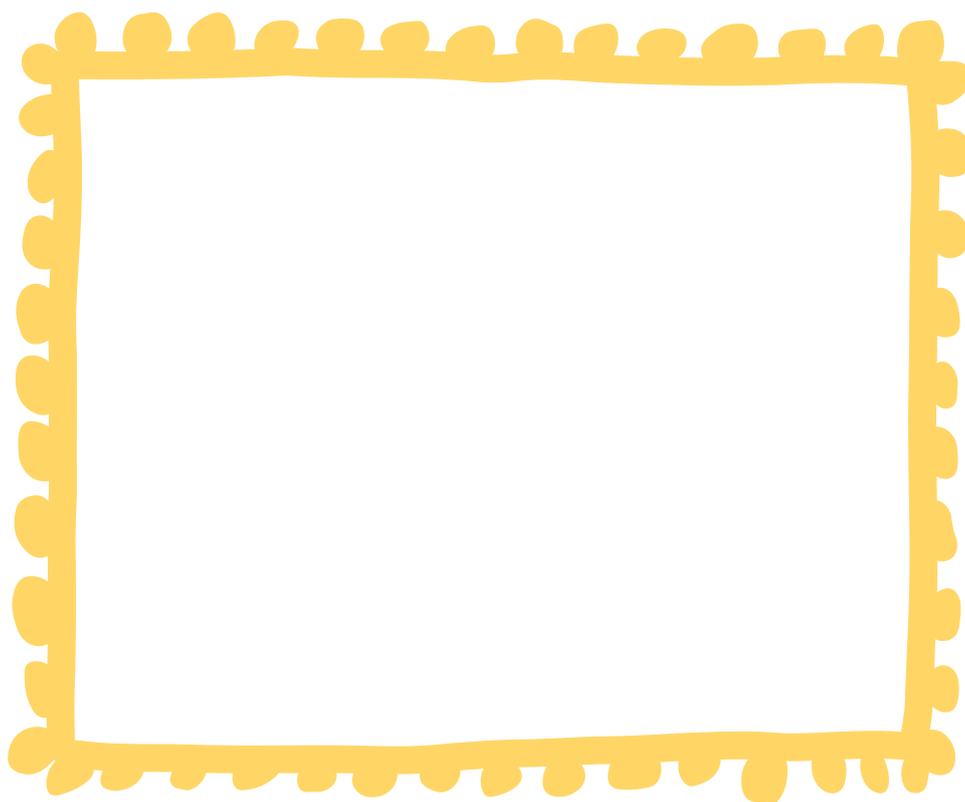
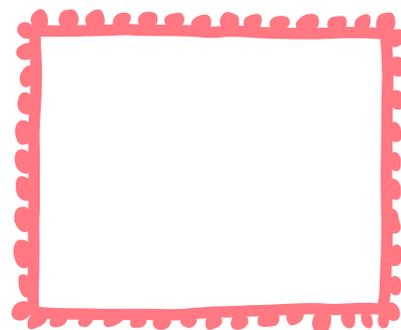
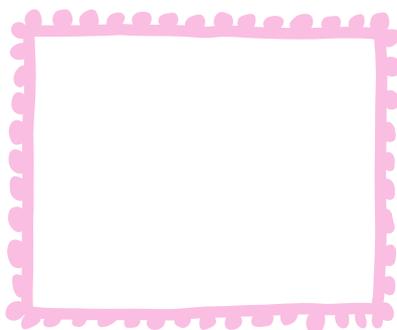
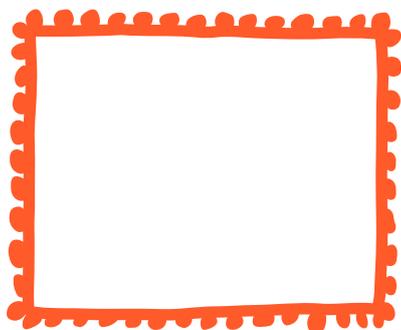
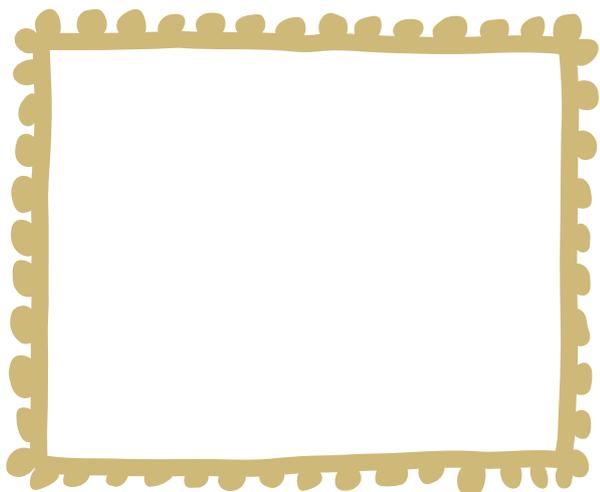
PICTURE FRAMES



PICTURE FRAMES



PICTURE FRAMES



DO
what you
LOVE

reach
for the
stars!

MAKE
today
GREAT

START
NOW

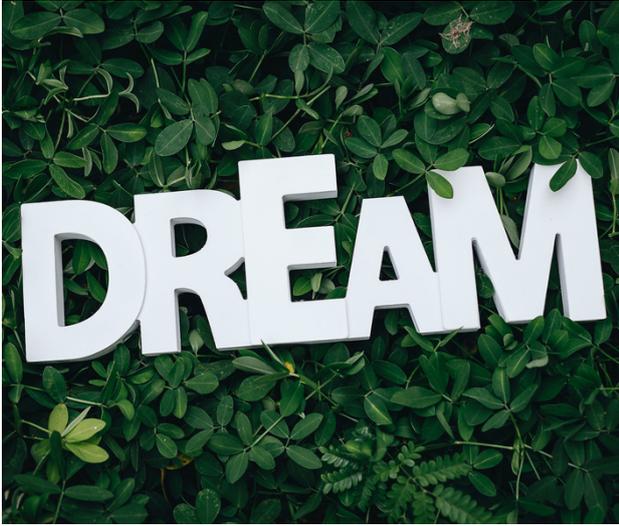
FORGET
how
MUCH
it
HURTS
AND
try
AGAIN

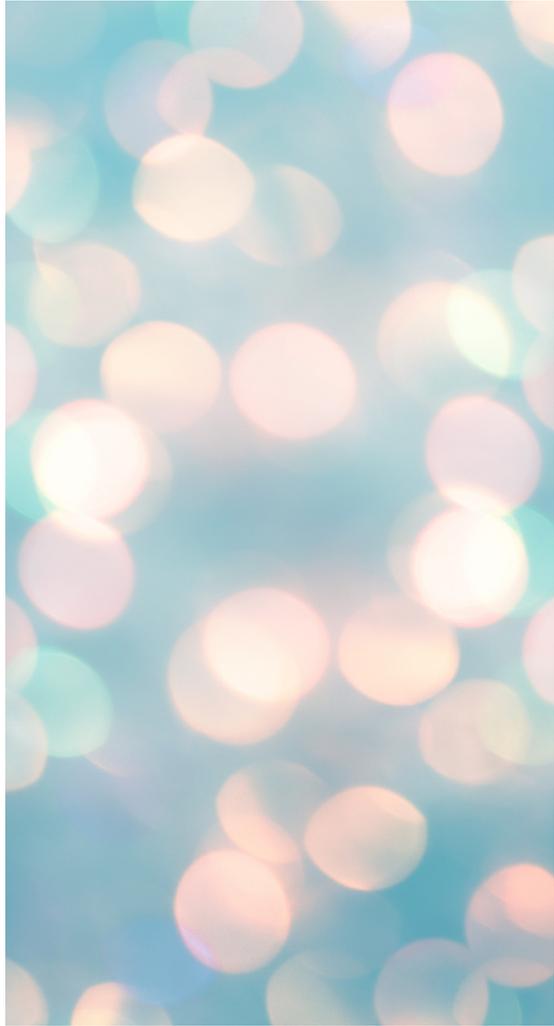
DO
what you
LOVE













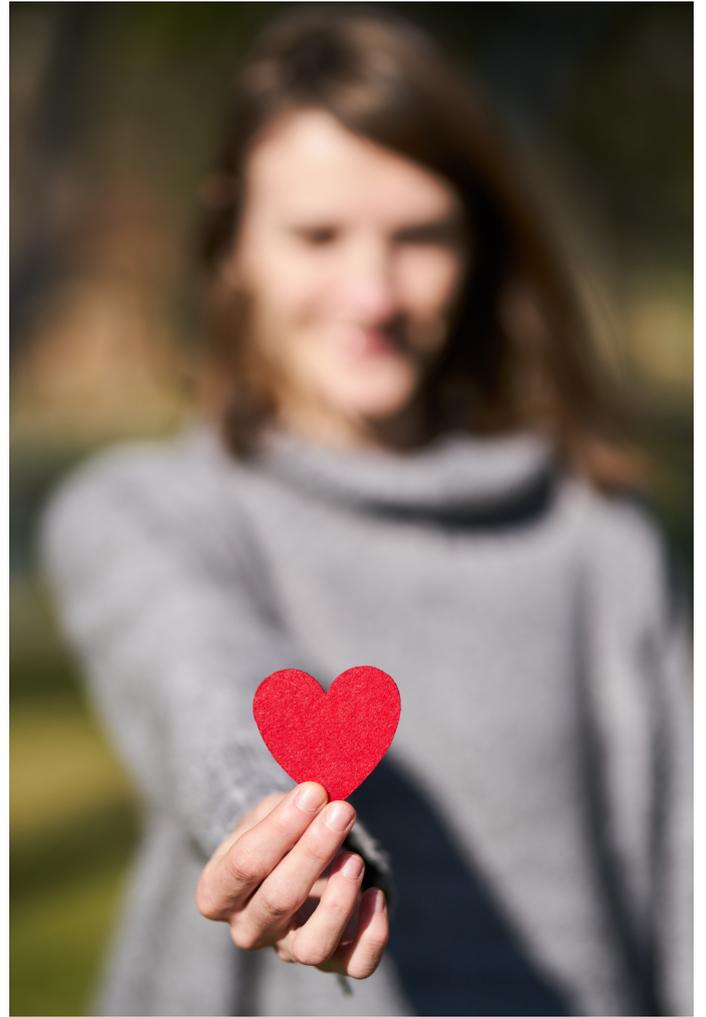






No act
♥ of kindness,
no matter
how small,
is ever wasted.
Aesop

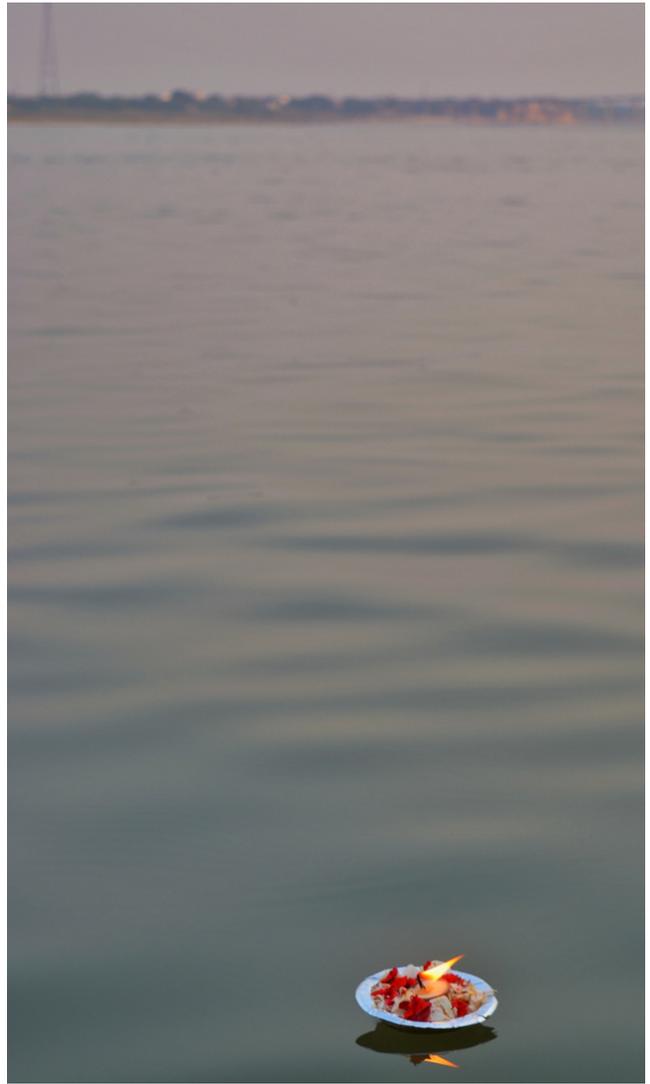


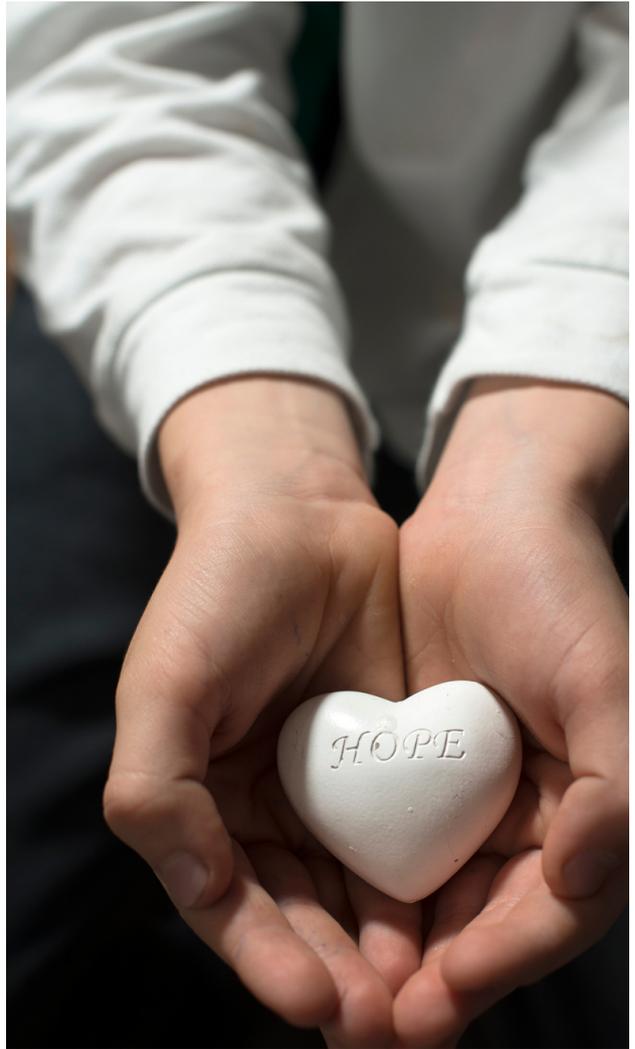


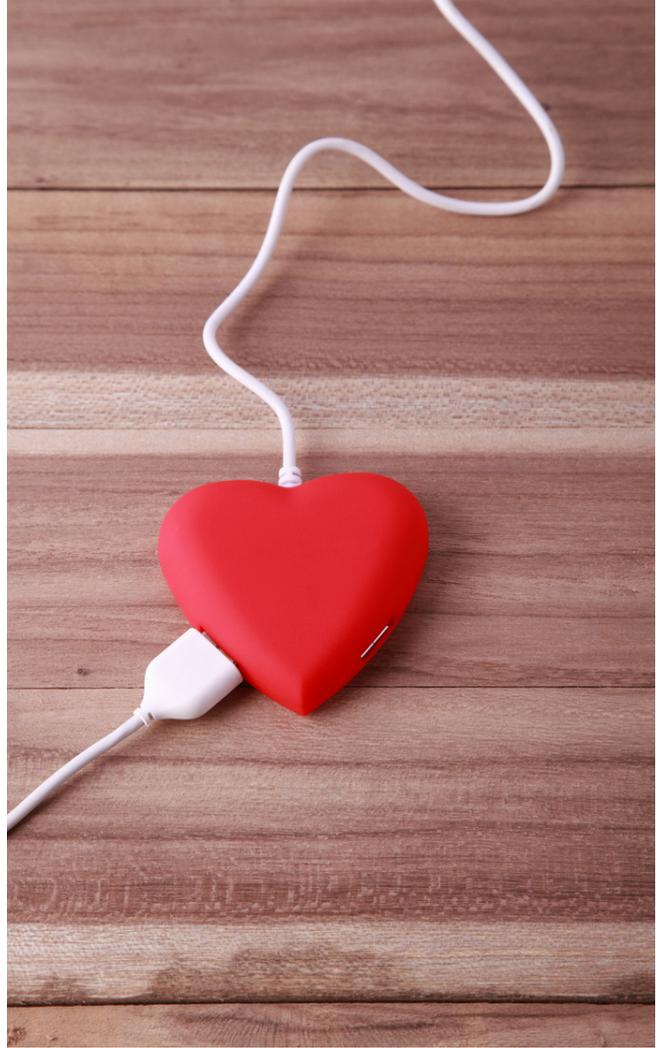




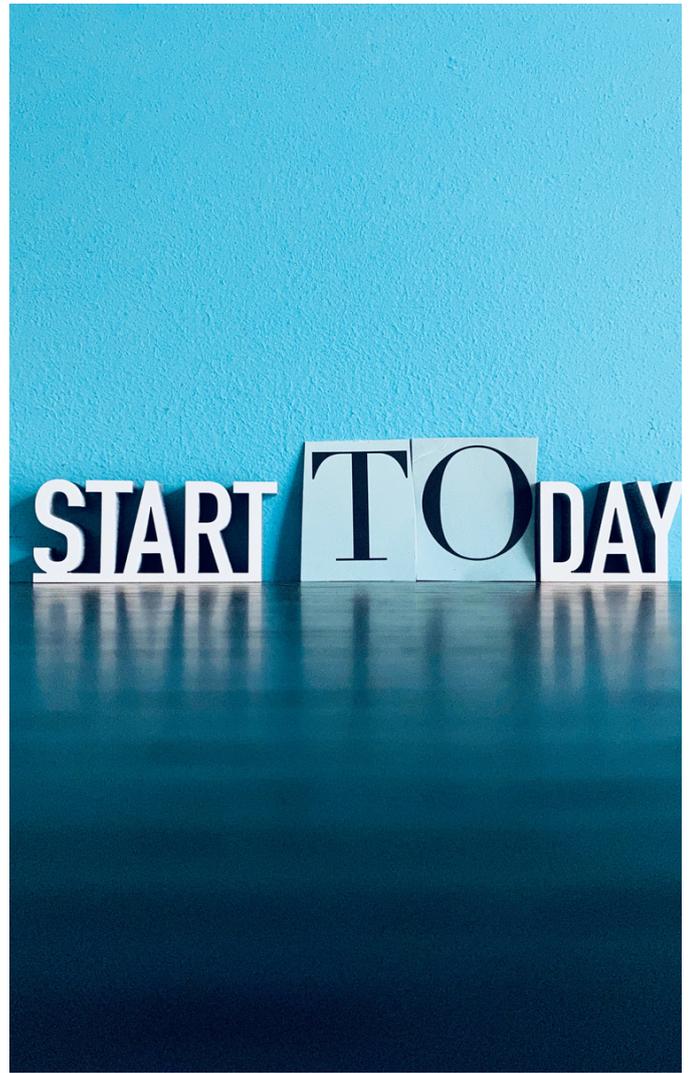
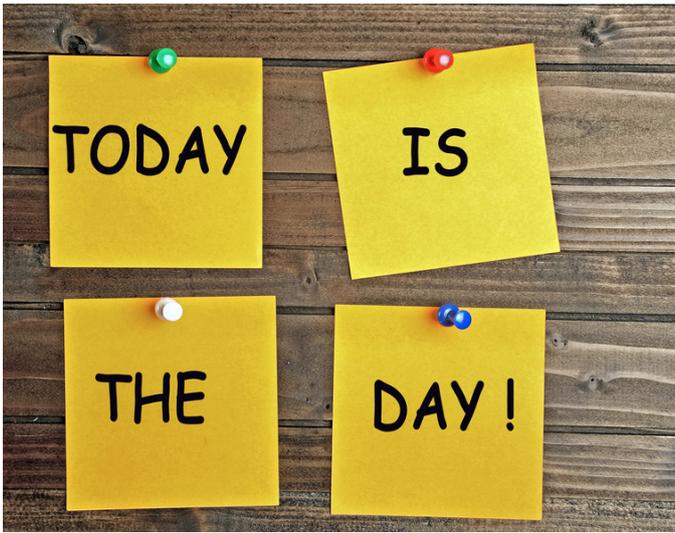


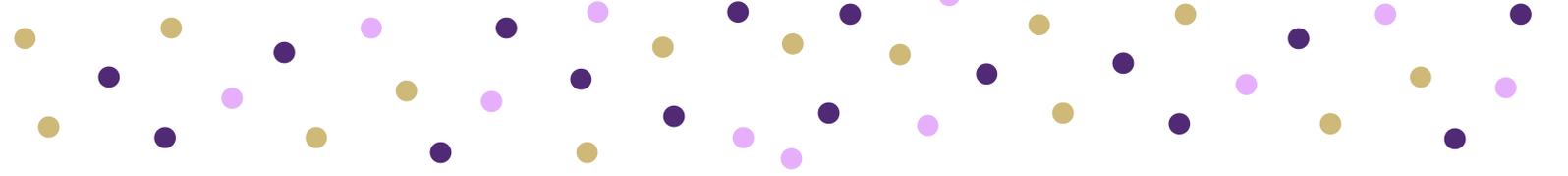












Getting Started

Now that you have printed and reflected on this toolkit and vision board guide, why not get started. I would recommend starting with the planning and reflection of your vision for the new year and beyond.

I will add that we can't plan our future in detail because we are not in control of things outside of ourselves. Yet, don't underestimate the power of visualisation and of being a creator.

This last year I had amazing plans, and I put them on my vision board in January. And I was so disappointed when COVID hit and I thought all my plans would fail. I learnt how to welcome the unwelcome and in that simple way have trusting faith that my vision for tomorrow will come to life.

Today I am celebrating the goals that didn't fail. The creative energy of building my life; the way I have visualised is powerful. I have written more books, I have launched podcasts. I have had the best year with my family. My business has done so well - better than I could have imagined. What was the secret? My vision board is centred around what I can control. It's about how I can be more to achieve with others. It's a reminder of why we work hard and how we as a family are better together. It has a goal, ideas, and so much more. I encourage you to have fun, put on your favourite music and celebrate your dreams.

We often fear what others will say when they see this crazy vision board. I would recommend you not worry about what others say, and you embrace your dreams and visions of your future, of who you are in your life, of how you connect with others. You are the creative energy in your world, why not unleash your gifts, visions and dreams and live your life.

Christina
Foxwell

