

THE EQUINE LEADERSHIP EXPERIENCE

Influence Without Force.

A powerful, experiential leadership program using horses as honest feedback partners.

Why Horses?

Horses expose gaps in self-awareness faster than any boardroom workshop.

They don't respond to titles, charisma, or clever words. They respond to congruence, clarity, presence, and intention. Which makes them **nature's most honest leadership mirror.**

The **Equine Leadership Experience** is a half-day, small group, **immersive leadership development program** that helps leaders understand how their behaviour, energy, and communication patterns truly land. Through carefully designed, ground-based interactions, participants experience first-hand how their presence, energy, communication, and boundaries impact others.



WHAT LEADERS LEARN

Participants gain deep insight into:

- Leadership presence and self-awareness
- Emotional regulation under pressure
- Influence without force or control
- Trust, boundaries, connection and consistency
- Clear communication in the face of uncertainty
- How their leadership *feels* to others
- Practical actions they can immediately apply in the workplace

You don't learn this leadership from a book. You discover it.



HOW IT WORKS

Participants engage in a series of guided, ground-based activities with horses, including:

- Leading with presence and intention
- Developing connection and awareness
- Influencing without force
- Setting and holding clear boundaries
- Navigating uncertainty and trust

Each exercise includes facilitated reflection, drawing direct parallels from the paddock to workplace leadership and team dynamics.

No powerpoint slides. No scripts. Just real leadership, revealed.



WHO IT'S FOR

This is leadership development for people who are done with theory, and ready for truth.

- Executive and senior leaders
- Emerging or developing leaders
- Leadership teams navigating change or complexity
- Leaders seeking deeper self-awareness or greater impact

No prior horse experience required. No riding. Just real-time embodied leadership insight.



Situated in Maraylya in the picturesque Hawkesbury region of NSW.
10 minutes from Windsor, 15 minutes from Rouse Hill.

Now taking expressions of interest for small, private groups and leadership teams. For enquiries or bookings, get in touch.



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